

PORTLAOISE
PARISH
**link
up**

17th February 2019

Sixth Sunday in Ordinary Time

The Sacrament of the Sick being celebrated during our 10am Mass last Monday, the feast of Our Lady of Lourdes and World day of Prayer for the Sick. Bishop Denis presided and launched the 3rd Diocesan Pilgrimage to Lourdes (August 1st — 6th, 2019).

"Dear friends, I pray that you may enjoy good health and that all may go well with you" 3 John 1:2



The Parish Centre 057 8621142

E-mail: info@portlaoiseparish.ie

Follow Us  @PortlaoiseParish

& Like Us  fb.com/portlaoiseparishlaois
fb.com/portlaoiselinkup

Parish and Diocesan Websites: www.portlaoiseparish.ie www.kandle.ie

14th February 2019 Portlaoise Parish

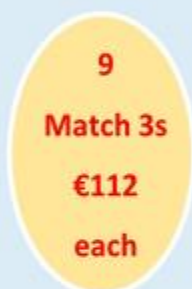


No €10,000 Jackpot Winner

WINNERS

Noreen Carrol
Anne Brennan
Paul Brennan
Tina Walsh Lalor
Pat Ahern
Bridie Stone
Mai Murphy
Pauline Phelan
Thomas Doheny

MATCH 3s €1,000



PROMOTER

Lily Whelan
Anne Brennan
Lil Gleeson
Betty Lynch
Parish Centre
Martley's Shop
Mai Murphy
Mgt. Doheny
Mary Arthur



Follow Us @PortlaoiseParish
& Like Us portlaoiseparishlaois

Next Week's Jackpot €11,000

Only as high as I reach can I grow,

Only as far as I seek can I go,

Only as deep as I look can I see,

Only as much as I dream can I be.

Karen Ravn

FEAST DAY THIS WEEK

The Chair of St. Peter, Apostle

FRIDAY 22ND FEBRUARY

This ancient feast relates to early Roman custom of this time of year of remembering the ancestors of the family, those who presided over the family fortunes. The feast celebrates Peter as bishop of Rome and the focus of unity in the communion of one faith.



Priests of the Parish



Msgr. John Byrne P.P.V.G.
Tel: 057 8692153



Fr. Paddy Byrne C.C.
Tel: 057 8661139



Fr. David Vard C.C.
Tel: 057 8509998



Fr. Eddie Lalor C.C.
Tel: 057 8661605



Fr. Tom O'Connor P.E.
(Parish Chaplain)

To contact the Priest on Duty:
Parish Centre during office hours
Tel: 057 8621142

Outside of Office Hours

In emergencies only

To contact the Priest on duty
057-8621364



Office Hours Monday to Friday 9am-5pm
Phone: 057-8621142 / 057-8660722
E-mail: info@portlaoiseparish.ie
Twitter: @portlaoiseparis

MANAGER Declan Kelly

Parish Secretaries Michelle Bartley
Agnieszka Kaczmarek

Accounts Michelle Conroy

Sacristans Parish Church

Sr. Sybil and Sr. Julie 057-8692151
(Sacristy phone attended prior to Mass times)

All Masses and services from the Parish Church
are live streamed www.portlaoiseparish.ie



Secretary: Julie Conroy

Monday to Thursday
11am to 1pm & 2.15pm to 5pm
057-8692154

Advertising deadline: 12 noon Wednesday
Subject to availability of space

E-mail: linkup@portlaoiseparish.ie

PARISH SHOP

Religious gifts and books.



The 'I'm All Right Jack' Mentality

"Woe to those who are rich."
"Woe to those with plenty to eat."
"Woe to those who laugh."
"Woe to those who



are honoured." Does Jesus mean that heaven is denied us if we pick up a well earned pay packet at the end of the month, stock the freezer and put on a cheerful face?

Few of us consider ourselves really well off, but there is a danger that when we are finally making ends meet we can become seriously complacent. There is a real danger that when we are sitting down to our Spaghetti Bolognese and bottle of Italian red, that the images of world disasters flashing across our TV screens do not really touch us for more than fleeting moments. We have struggled through a hard day at work, paid the bills, fed the family and got the children to bed. The last thing we want is breaking news of famine or earthquakes to make us feel uncomfortable.

"Blessed are those who are poor. Blessed are those who are hungry. Blessed are those who weep." Jesus is always on the side of those who are poor and badly done to, but is that a prescription for being poor and hungry in a bid to win Jesus' favour? Jesus is clearly not about keeping people in poverty, so what exactly does he mean?

In God's kingdom our earthly values are turned upside down. We count wealth, good health and success as blessings, which of course they are, but they stop being blessings and become hindrances instead when we bury our heads in the sand and fail to see or do anything about a world that suffers widespread starvation and war. The blessings in our lives can only bring true happiness once we are able to shed our "I'm all right Jack" mentality and do something about the "woes" in other people's lives.

Mass times for the coming week

(Parish Church or otherwise stated)

Monday — Friday

7.30am & 10am

Saturday

10am

SUNDAY MASSES

Scoil Bhride, Knockmay (Saturday) 7.30pm

St. Peter & Paul's Parish Church

Vigil (Saturday) 6.30pm

8.30am, 10am, 11.15am & 12.30pm

Church of the Assumption,

The Heath: 9.30am

Church of the Holy Cross,

Ratheniska: 10am.

Polish Mass, 3rd Sunday of the Month
at 5pm.

CONFESSIONS

Every Saturday after 10am
& 6.30pm Masses.

Visit our website

www.portlaoiseparish.ie for upcoming
events, notices, obituaries, webcam,
photo galleries, virtual tours, lotto
results, Mass readings and Parish
contacts.



We welcome into our Parish Community

Jack Matthew Patrick Doran
Summerhill

Cillian Anthony Scully
Rosdarragh Hill

Lewis Patrick Ward Delaney
Rockview Green, Mountrath Road

Adam Senan Burke
Glenkeen Park, Fairgreen

Who were baptised last weekend

Sunday 10th February 2019

Offertory Collection	€3,011.00
Development Fund	€3,722.00
	€6,733.00

Thanks and appreciation to all who subscribe so
generously to the Parish.

Communions & Confirmations

Communions and Confirmations are a very important day for both you and your child. At Maldron Hotel Portlaoise we are dedicated to helping you create a truly memorable occasion.

Private dining option available on request.

Child under 12 - €10.50

Communion / Confirmation child eats FREE

2 course meal
tea/coffee

€21.95

3 course meal
tea/coffee

€24.95

Book now

+ 353 57 86 95900

info.portlaoise@maldronhotels.com



maldron
HOTEL
PORTLAOISE

TAX RETURN

EARLY BIRD SERVICE



Overpaid tax? We can complete your Self Assessment Tax Return now to confirm how much you may be owed.

Why wait until October?

Don't delay, call us today!

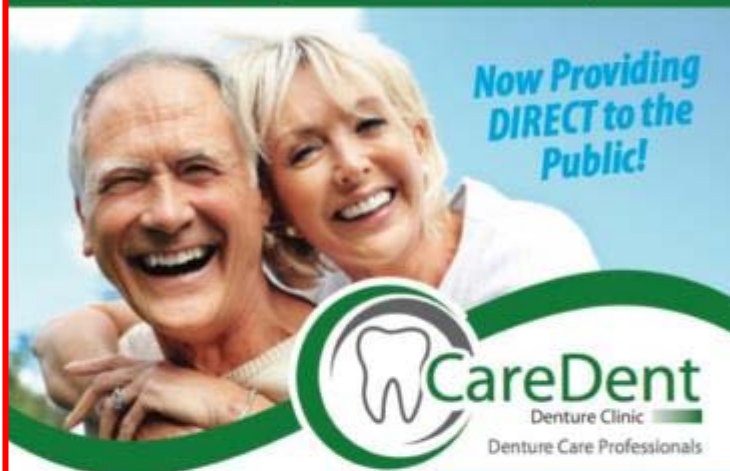
057 868 2285

www.taxassist.ie/portlaoise



"Get the Confidence to Smile again"

Now Providing
DIRECT to the Public!



- Free Consultation
- Full Dentures
- Partial Dentures
- Chromium Partial Dentures
- Immediate Dentures
- Biometric Precision Dentures
- Same Day Repairs and Additions
- Anti Snoring Device

Welcome to

CareDent Denture Clinic

where we are committed to providing you with Comfortably Fitting, Natural Looking, Fully Functional Dentures. We Listen, Care and understand your needs. Tell us your concerns, so we can understand and help you.

Sports Guards & Mouth Guards
Taking a Professional Approach

We make them in any Colour Combination, so whatever your preference we can do it!



Denny Jacob

CDT Dip, Trinity College Dublin
Registered with Irish Dental Council

T:057 8666586 M:087 4141 170

Email: caredentclinic@gmail.com

5 Annfield Terrace, Dublin Rd.,
Portlaoise, (Beside St. Mary's Hall)



- Mac Driveways

Driveway & Landscape Specialist

Design, Supply & Installation
of
Your New Driveway

- All groundworks
- Tarmacadam
- Kerbing + borders
- Paving
- Decorative stone
- Concreting
- Landscaping service and maintenance
- Fencing & posts
- Top soil
- Drainage
- Patios, decking, footpaths
- Also Supply & Hire of Mini Digger & Workforce needed to complete all aspects of groundworks



Free Quotations • Work Guaranteed
30 years experience serving the Leinster area
C2 registered C.I.R.I.

18 Ashley Gardens, Borris Road, Portlaoise.

Tel. 086-8972559 | 085-2269277

E-mail; tmacdriveways@gmail.com



Find us on
Facebook



MULHALL MEATS

ESTABLISHED 1931



Mulhall's Fresh Irish Sirloin Steak

Offer Available Mon 11th Feb - Sun 24th Feb Only

Now
33%
Off

Mulhall Meats Is Located Within Mulhall's SuperValu.
Mulhall's SuperValu is Open Mon-Sat 7.30am-9pm, Sunday 8am-7pm.

Phone: 057 8621044

Mulhall's Butcher Counter is Open Every Sunday 9am - 5pm

AUDIOLOGIST HEARING AID Consultant

Patricia Kilmartin
B.A.A.T., M.I.S.H.A.A.
Camross, Co. Laois

*(26+ years experience with Private &
Public Sector)*



- Comprehensive Hearing Assessment
- Full range of Digital Hearing Aids from €890 pair ex. grant
- Pre-employment tests/Occupational Screening Tests
- Ear moulds, Custom made Swim Plugs, Musicians Moulds
- Hearing Aid Batteries, Minor Repairs, etc. (incl. postal service)
- Ear Wax Removal Service
- Social Welfare Grants available to eligible clients

In Attendance

10 Lismard Court, Portlaoise Co. Laois.

(Entrance beside Macra Na Feirme Hall on Timahoe Road)

By Appointment Only

Tel: 057 8692289 Mobile: 085 8568808

E-mail: pkaudiology@gmail.com



HIRE AND SALES

Timahoe Rd, Portlaoise,

057- 8621479

NOW IT'S TIME TO GET SPRING CLEANING!

WE'VE GOT POWERWASHERS, LEAF BLOWERS,
HEDGE CUTTERS, SCARIFIERS, STRIMMERS,
CARPET SHAMPOOERS, FLOOR SANDERS AND
LOADS MORE FOR HIRE AND SALE.

MAKE EVERYTHING CLEAN IN 2019!



Oleo-Mac
our power, your passion

52CC OLEOMAC CHAINSAWS NOW ONLY €249!

GIVE IT A TRY BEFORE YOU BUY!

ALL OF OUR WELDERS CAN BE TEST
DRIVEN BEFORE PURCHASE IN OUR
PURPOSE BUILT WELDING ROOM.



THE HOME OF WELDING SINCE 1974



LEINSTER SENIOR COLLEGE NEWBRIDGE

**NOW ENROLLING FOR
2019/20 PLACES**
in 5th, 6th &
Repeat LC Years.

Please email
info@leinsterseniiorcollege.ie
or call (045) 487811
for interview

Leaving Certificate Oral Revision Days

**Excellent teachers, Comprehensive notes
on topical issues, tips on improving
pronunciation and vocabulary**

IRISH: Saturday 9th March 2019 – 10am to 3pm

FRENCH: Saturday 16th March 2019 – 10am to 3pm

GERMAN: Saturday 16th March 2019 – 10am to 3pm

SPANISH: Saturday 16th March 2019 – 10am to 3pm

**Book
your place
today!**

To book a place call **045-487811** or
Visit www.leinsterseniiorcollege.ie

Michael Conroy

Plastering and Building Contractor - Portlaoise

Specialising in Extensions, Attic Conversions and all types of Insulation.

Fitting of all types of Stoves and Solid Fuel Cookers

Registered and fully insured.

087-3678857

E-mail: conroy7777@gmail.com



Supporting Hospice Care Locally

Peppers Lane Portlaoise

Kevin 0879586057

**We generously donate to hospice care
locally and have done so continuously
since our shop opened!**

We are now in need of furniture:

**Beds, wardrobes, dressing tables,
bedside lockers, tables, chairs etc.**

**Ladies, gents and children's clothing &
all types of bric-a-brac**

**We can collect on request at your
convenience**

Contact: 0879586057

NEW COURTESY



Bus

THE GANDON
INN

Serving Treacy's, The Heath and The Gandon Inn



*Sit back and relax and
enjoy your meal...
Let us take care of the
driving!*

Relax & Enjoy

Our Courtesy bus can carry between 4-8 passengers and we
will pick you up and drop you home at any time!

The bus operates free of charge within a 12km radius.

If you wish to avail of this service please call;



087-2530474



loetb

Bord Oideachais agus Oiliúna
Laoise agus Uíbh Fhailí
Laois and Offaly
Education and Training Board

Abbeyleix

Further Education & Training Centre

Drop in
between
11am - 1pm

Information Morning

Tuesday
26th February
2019

Considering upskilling or returning to
Education in September?
Why not try our new part-time Taster Course
starting in March 2019 to develop your skills
for your new career path?

Take the first step towards a career in :
**IT, Business, Digital Media, Office Administration,
Healthcare or Art**

QQI Certified

Careers Support

Childcare supports may be available

For further detail please contact the Centre on
057 8731127 or email **abbeyleixfet@loetb.ie**

Love to Learn at Abbeyleix Further Education & Training Centre

**Abbeyleix Further Education
and Training Centre**
Mountrath Road,
Abbeyleix, Co. Laois

t: +353 (0)57 87 31127
f: +353 (0)57 87 31864
e: abbeyleixfet@loetb.ie
www.loetb.ie  

The programme is co-funded by the European Social Fund Programme
for Employability Inclusion and Learning 2014 – 2020.



An Roinn Oideachais
agus Scileanna
Department of
Education and Skills

We may have the SOLUTION to;

Flat Feet | Heel Pain | Heel Spurs | Arch Pain | Plantar Fasciitis |
Bunions | Metatarsalgia | Leg Fatigue | Diabetic Feet | Arthritic Feet |
Shin Splints | Knee Pain | Achilles Tendonitis | Hallux Rigidus



Who may benefit from wearing Orthotics?

Orthotics are prescribed for a variety of conditions and as a prevention to further problems. They can be worn by **children and adults** and made to suit a range of footwear including daywear, dress wear and sportswear.

PEOPLE WHO ARE ON THEIR FEET A LOT;

Prison Officers, Nurses, Shop Workers, Farmers etc. may require additional cushioning and correction.

ELDERLY PEOPLE;

May benefit from Orthotics to support, comfort & Correct the Mechanics of the feet. Conditions such as arthritis and diabetes may require softer coverings.

SPORTS PEOPLE;

May need to be aligned biomechanically to prevent problems and cushioned for shock absorbency.

CHILDREN;

Who are in toeing, out toeing, have poor posture or gait or where parents notice excessive wear.

KELLIE TAYLOR BSC (Hons) Ost. M.O.C.I. and DARREN CONROY BSC (Hons) Ost. M.O.C.I.

086-8675060

Unit 10 Kilminchy Court, Kilminchy, Portlaoise, Laois

tcosteopaths@gmail.com www.tcosteopaths.ie

traxmusic

Phone and Accessory Sales



Laois' largest supplier of unlocked, new and refurbished iphones

Phone/Tablet/Console/Laptop repairs 7 days



Chargers, Screen Protectors, Memory Cards
in stock for all phones

Laois Shopping Centre, Portlaoise. 057-8622839



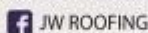
- **NEED HOME HEATING OIL?**
- **NEED TRACTOR DIESEL?**

Call Sean Smyth 086-3561669



THE HEIGHT OF QUALITY

★ SLATES ★ TILES ★ LEAD WORK ★ METAL ROOFING
★ GUTTERING & DOWNPIPES ★ GUTTER CLEANING ★ ALL ROOF REPAIRS & MORE



★ Free quotes /
no call out charge

★ All types of roofing
work undertaken

★ All work fully
guaranteed

★ Fully insured + registered



**REPAIRS +
GUTTER CLEANING
FROM €60**

CONTACT

James
089 4892441
jwroofing77@gmail.com



LAOIS PHYSIOTHERAPY CLINIC

JOHN SUGRUE BSc MSc MISC P

NICOLA CALDBECK BSc MISC P MAACP

Chartered Physiotherapists

VHI, Aviva, BUPA, LAYA (Quinn) approved

The Coach House, 4 Kellyville Park Portlaoise, .

Phone: 087-9945057

E-mail: info@laoisphysiotherapyclinic.ie



PILATES CLASSES

Pilates classes (STOTT Certified) based on modern principles of exercise science, rehabilitation and functional movement.

A mindful workout focused on improving spinal and pelvic alignment, muscle tone and flexibility.

Pilates develops a strong and well-co-ordinated core and back. It enhances the stability of your trunk region from which your limbs perform a variety of tasks through your daily life and also physical pursuits.

8 week course, runs twice weekly on Tuesday from 6.45pm and Friday from 9.30am.

Limited group numbers so please contact John or Nicola for more information on pricing and availability.

31 Agh Na Hara, Fairgreen, Portlaoise Kyle, Stradbally, Co. Laois



4 Bed Detached €265,000



4 Bed Detached €275,000

22 Cross of Newtown, Ballyroan



4 Bed Semi-Detached €185,000

5 Bridle Way, Dublin Rd, Portlaoise



2 Bed Ground Floor Apartment €130,000

16 Heathfields, Dublin Rd, Portlaoise



3 Bed Semi €165,000

37 Saint Brigid's, Portlaoise



3 Bed Semi-Detached €120,000

40A Garden Village, Portlaoise



2 Bed Apartment €120,000

2 Abbeylax Rd, Portlaoise



3 Bed Terrace €150,000

20 Lake Drive, Portlaoise



5 Bed/3 Bath €185,000

5 Castle Way, Kilminchy



4 Bed / 3 Bath €180,000

24 Triogue Manor, Portlaoise



3 Bed/3 Bath €150,000

Confirmation Season



FIFTYSEVEN

Boutique & Gift Emporium

Portarlinton & Athy

New Arrivals Daily

Winter Sale continues in store

Deposits welcome



fiftysevenbtq



St. Francis School is now taking Enrolments for September 2019

Enquiries can be made by post to;
St. Francis SS, New Rd., Portlaoise,
by phone to 057-8621847 or by e-mail
to; stfrancisportlaoise@gmail.com on
or before 17th April, 2019



community childcare centre

Mountmellick Community Childcare Centre Ltd.

**We are currently recruiting positions for
CHILDCARE STAFF**

Minimum Fetac Level 5 Childcare Qualification
Experience in a similar role an advantage

Application by e-mail to;
managemountmellickchildcare@eircom.net

Or post your application to;
Catriona O'Hearne
Mountmellick Community Childcare Centre Ltd.
MDA Business Park



Irishtown
Mountmellick
Co. Laois



Closing Date; Thursday 21st February



MILLERS

HOME & GARDEN

**Leinster Express Business Park, Dublin Rd.,
Portlaoise. 05786-67794**

Authorised Agents for:

Stiga, Cobra, Einhell, Victor
Garden & Construction,
Briggs and Stratton
Genuine Parts



Service & Repairs to all
makes and models of garden and forest machinery

Free collection and delivery in Portlaoise town.



"Like" us on **Facebook**
@portlaoiselinkup

LAOIS JET WASH SERVICES LTD



**C.C.T.V. PIPE & DRAIN INSPECTION
HIGH PRESSURE DRAIN CLEANING**

**TEL/FAX 057-8681720 MOBILE 087-7749519
HAVE YOU A PROBLEM WITH YOUR DRAINS?**

CENTREPOINT CARPETS LTD

KYLEKIPROE INDUSTRIAL ESTATE, TIMAHOE RD.

PORTLAOISE, CO. LAOIS

SITUATED BETWEEN LIAM FITZPATRICK TYRES AND MCDONALDS



Phone/Fax; 057-8620792 | E-mail; centrepoincarpets@gmail.com | www.centrepoincarpets.ie



We have the largest range of RESPA beds on display in the Midlands.

Come and look at our full range of Carpets, Vinyls, Timber Flooring and Blinds in our Showroom. We have lots of room size carpet and vinyl ends in stock and up to **50% OFF.**

14mm Laminate Flooring from **€14.50 sq. yd.**

12mm Laminate Flooring from **€12.50 sq. yd.**

8mm Laminate Flooring from **€8.50 sq. yd.**

We also have a large selection of Rugs in all sizes on display. Fire Side Rugs from **€9.95 each or 2 for €15.00.**

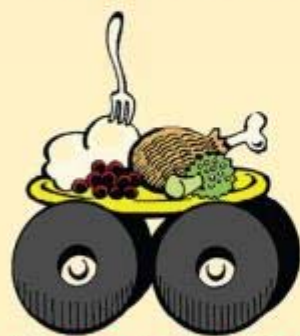


(Free delivery in the Midlands Area and disposal of Old Mattress)

O'GORMAN'S

The Home of Good Food

- BAR
- SNACKS
- EVENING MEALS



**MEALS
on
WHEELS**



MEALS ON WHEELS

7 DAYS MONDAY TO SUNDAY

Order your food from the **Carvery Menu**
and we will deliver it to your door

Food menus available online, www.ogormans.ie
Full Catering Service for all events and parties.

Off Licence with a variety of beers and a choice of over 300 wines from all corners of the globe.

Up to 50% off with our Loyalty Card & Vouchers



and entertainment
every weekend

Unit 5, Kilminchy Court, Portlaoise, Co. Laois
Tel. 057-8682921 / 057-8682923

CateKIDS

Portlaoise Parish www.portlaoiseparish.ie

HANDING ON
THE FAITH



Happiness is.....



Have you ever heard of a man named Charles M. Schultz? He wrote a comic books called Peanuts which has been out since 1950. Wow! That is before any of you were even born! The main characters in the comic are Charlie Brown, Lucy, Linus, Schroeder and a dog named Snoopy.

Charles Schultz has also written a lot of books. One of my favourite books by Schultz is "Happiness Is A Warm Blanket." The book is mostly about a little boy named Linus who carries his cuddly blue blanket with him wherever he goes. Linus carries that blanket to make him feel secure. According to Schultz, "Everyone has things that make them feel secure." You know what? When we feel secure, we are also happy!



Jesus had something to say about being happy. In the Gospel today is one of those times. Jesus is surrounded by a huge crowd of people. Have you ever noticed that wherever Jesus went, he drew large crowds of people? Why do you suppose that was? Maybe it was because many of them were sick, crippled, or injured and wanted Jesus to heal them. Perhaps some of them had a troubled mind and they had heard that Jesus was able to cast out demons and evil spirits just by just speaking a word. In other words, many people came to Jesus because they had heard what he could do for them, and that is exactly what happens in today's Gospel. The Bible says that people crowded around Jesus and tried to touch him because power was coming from him and healed them all. Do you think that made the people happy? It sure did! Jesus then turned to his disciples and said:



**"God blesses you who are poor, for the Kingdom of God is yours.
God blesses you who are hungry now, for you will be satisfied.
God blesses you who weep now, for in due time you will laugh.
Blessed are you when people hate you, when they exclude you
and insult you
and reject your name as evil, because of the Son of Man.
When that happens, be happy! Yes, leap for joy!
For a great reward awaits you in heaven.**

And remember, their ancestors treated the ancient prophets that same way."

Notice that Jesus didn't say, "Happy are they who have a lot of money" or "Happy are they who have plenty to eat and dine in fancy restaurants." He didn't even say, "Happiness is a warm blanket." What he did say was, "When you follow me, happiness will come. Leap for joy! A great reward awaits you in heaven."



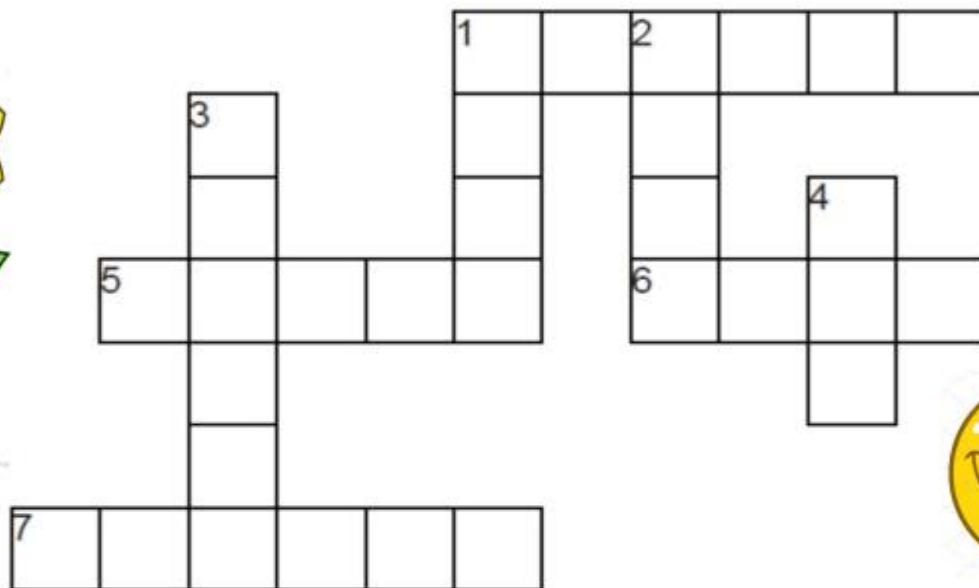
Our Prayer

Dear Father, help us to remember that we can never find happiness by seeking the things this world has to offer. True happiness can only be ours by following Jesus. Amen.

Happiness is....

“Blessed are you who are poor, for yours is the kingdom of God”.

The words in this puzzle are taken from Luke 6:20-23



HORIZONTAL

1. Something given or received in return for good behaviour.
5. The sound which expresses happiness or delight
6. Having very little money or few Possessions
7. To have a desire or need for food

VERTICAL

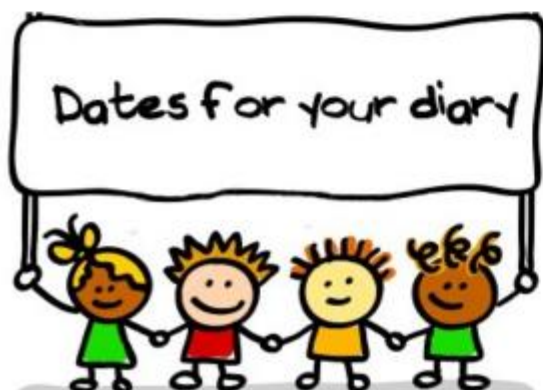
1. Having a great amount of money
2. To shed tears happiness or delight
3. The home of God, the angels, and those who have been saved
4. A feeling of great happiness

**JOY
HUNGRY**

**RICH
POOR**

**HEAVEN
REWARD**

**LAUGH
WEEP**



Confirmation in our Parish

Friday 8th March

3pm: Scoil Bhride & Gaelscoil

Saturday 9th March

11am: Holy Family School

2pm: The Heath, Ratheniska, St. Francis
& Other Schools



TIME TO THINK!

THE WEIGHT OF THE GLASS

The art of letting go is about deciding to stop making the same mistakes and choosing to take a different path. It has been said that insanity is doing the same thing over and over and expecting a different result. I totally agree. When we hold onto things that weigh us down, that negativity turns into baggage. The more baggage you have, the more it clouds your view and the more you feel like carrying that baggage around is the only way to live. Your baggage-cluttered perspective becomes the viewpoint from which you see the world.

But how can you have a positive outlook when all you see is negativity? The truth is, you can't.

That is precisely why you must learn what to hold onto and what to let go of. When that happens, your momentum increases, you feel lighter and, most of all, you know your worth. In life, we are all going through the growing pains of becoming the person we want to be. For some people, the pain is too much, and they give up. Instead of moving forward, they decide to stay stagnant and hold onto the very things that keep you down. In life we will have to let go of things, people and situations; when we understand and embrace the process, we allow ourselves to be abundant within. And when we are abundant within, the abundance spills into the other parts of our lives, families, relationships, careers and finances.

I know letting go is painful and scary, but if you don't let go, you miss out on the life you always wanted, the life you deserve. This is the process of breaking up with the old in search of the new. You are not doing this out of selfishness, but because you can acknowledge that the old no longer is the right place for you.

A psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical "glass half empty or glass half full" question. Instead, with a smile on her face, the professor asked, "How heavy is this glass of water I'm holding?" Students shouted out answers ranging from eight ounces to a couple pounds. She replied, "From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralysed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me."

As the class shook their heads in agreement, she continued, "your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little.



Think about them all day long, and you will feel completely numb and paralysed - incapable of doing anything else until you drop them."

It's important to remember to let go of your stresses and worries. No matter what happens during the day, as early in the evening as you can, put all your burdens down. Don't carry them through the night and into the next day with you.

If you still feel the weight of yesterday's stress, it's a strong sign that it's time to put the glass down.

PRAYER FOR Peace of Mind

Almighty God, we bless you for our lives, we give you praise for your abundant mercy and grace we receive.

We thank you for your faithfulness even though we are not that faithful to you.

Lord Jesus, we ask you to give us all round peace in our mind, body, soul and spirit.

We want you to heal and remove everything that is causing stress, grief, and sorrow in our lives.

Please guide our path through life and make our enemies be at peace with us.

Let your peace reign in our family, at our place of work, businesses and everything we lay our hands on.

Let your angels of peace go ahead of us when we go out and stay by our side when we return.

In Jesus' name, Amen.

Fr. Paddy invites you to follow him on Twitter @frpaddybyrne, now over 15,400 followers or leave a comment on his blog on our parish website www.portlaoiseparish.ie/articles

Fr. Paddy's book *"All will be well"* on sale in the Parish Shop or online at www.portlaoiseparish.ie



MOCHUA PRINT & DESIGN
GET YOURSELF NOTICED

Let Us Reveal Your Business!



**MAIL
MARKETING**



**GRAPHIC
DESIGN**



**VEHICLE
GRAPHICS**



**CORPORATE &
RETAIL PRINT**



**WIDE FORMAT
PRINTING**



**PROCUREMENT
PICK & PACK**

Clonminam Business Park, Portlaoise,
Co. Laois, R32 EH11, Ireland
t: +353(0)57 8634050

Henry Street, Newbridge,
Co. Kildare, W12 TF83, Ireland
t: +353(0)45 433569



e: info@mochuaprint.ie

w: www.mochuaprint.ie



*Ballinakill / Knock
Parish Fundraiser*

**Michael English
Church Concert**

**Sunday
24th February**

**St. Brigid's Church,
Ballinakill**

Doors open 7pm

Tickets €25 available from

* Recharge Portlaoise, 41 Grattan St. (beside FBD)
Tel: 057 8681611

* Anne 087-6187653

* Annemarie 087-7613468

* Mc Graths Costcutters, Ballinakill
Tel: 057 8733315



robert redmond studios
-wedding + portrait studio-

**&
1 hour
[PHOTO-LAB]**

-PRINTING - FRAMING - PASSPORT PHOTOS-
Canvases
-PHOTO RESTORATION-

057-8662174

www.robertredmondstudios.com
103-104 lower main st Portlaoise Co Laois.



**OUR PRAYERS ARE ASKED FOR
THOSE WHO DIED RECENTLY ;**



William Malone
Dublin Rd.



Malcolm Smyth
Bianconi Way



Noel O'Neill
Highfield Meadows



Dan Fingleton
Grange, Stradbally



Alice Nevin
Mountain View Square

MAY THEY REST IN PEACE
Our sympathy to their families.

A message of sympathy may be left for the family by logging on to the death notice at www.portlaoiseparish.ie/deathnotices



MOCHUA PRINT & DESIGN
THE MEMORIAL CARD SPECIALIST

*For the perfect tribute card for your loved one
— our bespoke memorial cards.*

*Create a collage of images illustrating
the life of your loved one with our
expert Design Team.*

*All our Cards are individually designed
unique keepsakes, with no hidden charges
for additional photos or images.*

Unit 3, Clonminam Business Park
Portlaoise, Co. Laois
☎ 057 86 34050
www.mochuaprint.ie



KEEGAN'S FUNERAL DIRECTORS

50 Years of Professional Service in Portlaoise.



Contact Matthew
087-2549195

David **087-2369887**

HENRY RANKIN FUNERAL DIRECTORS

We have opened a new office and show room on
Abbeyleix Road, Portlaoise.
(opposite the E.S.B. and Condell tractors)

Contact;
057-8620567
PAUL; 087-2562137
NIALL;
086-2770095



PORTLAOISE STONE CENTRE LIMITED

Unit 3b Clonminam Business Park,
Portlaoise,
Co. Laois.

Tel: (057) 8660258

Fax: (057) 8662997

Mobile: (087) 2538930

Email: info@portlaoisestone.ie

Web: www.portlaoisestone.ie



- We supply an extensive range of headstones and plaques in granite, marble and limestone, any design made to order.
- We also supply bronze eternal lamps, statues etc.
- Sandblasting cleaning carried out.
- Inscriptions added.
- Old headstones renovated.
- Cement top and wide range of chippings available.
- We also supply and fit artificial grass.

- All grave work carried out to a high standard.

Call in to our showroom where we have a wide range of Grave Accessories



In Loving Memory of MARIAN ROCHFORD

12 Roselawn, Portlaoise. 14th Anniversary occurs 20th February 2019



*Think of her as living in the hearts of
those she touched,
For nothing loved is ever lost, and she
was loved so much.*

*Sadly missed and always remembered by
her husband Hugh, all her loving family
and friends.*

May Marian Rest in Peace

In Loving Memory of SEAN KEOGH

Late of 6 Park View, Portlaoise. 8th Anniversary. Died 14/2/2011.



Anniversary Mass will be celebrated in
Sts. Peter & Paul's Parish Church this
Saturday 16th February at 6:30pm.

*Sean, deep in our hearts your memory is kept,
To love and to cherish and never forget.*

*Sadly missed and always remembered by his loving wife
Brid and all his family.*

May Sean Rest in Peace

In Loving Memory of MICHAEL RIGNEY

St. Brigid's Place, Portlaoise.

3rd Anniversary occurs 18th February 2019

3rd Anniversary Mass will be celebrated in Sts. Peter & Paul's
Parish Church this Saturday 16th February at 6.30pm



*No words can tell, no tears express, the love,
the loss, the emptiness.*

*You are not just a memory or part of the past.
You are ours to remember, as long as life lasts.*

*Sadly missed and always remembered by your loving
wife Kathleen, family and friends.*

May Mick Rest in Peace

50TH BIRTHDAY REMEMBRANCE CHRISTY (Christopher) DWANE

28 O' Moore Place, Portlaoise.

50th Birthday occurs 18th February 2019.



*We never need a special day to bring
you to our minds,
For days without a thought of you are
very hard to find.*

*Loved and remembered by;
Mam and family.*

Rest in Peace Christy

ACKNOWLEDGEMENT

In Loving Memory of CARMEL FITZPATRICK

35 Borris Road, Portlaoise



The family of the late Carmel Fitzpatrick
would like to express our sincere thanks to
all those who have sympathised with us,
travelled, sent Mass and sympathy cards,
floral tributes and messages of support on
our recent sad loss. Heartfelt thanks to all
our extended family and friends for all of
their help and support during this sad time.

Carmel was blessed to receive unmatched medical care at
the hands of all in Droimnin; management, nurses and
carers and also Portlaoise Hospital; nurses and staff who
made mams passing very peaceful. Also Jim in Hughes
Pharmacy who helped us greatly over the last years.

We would also like to thank the Priests of the Parish, Altar
servers and choir. Thanks also to Matthew Keegan and
David Goode for their professionalism and understanding.
As it would be impossible to thank everyone individually
please accept this acknowledgement as a token of our
appreciation and gratitude.

*The Holy Sacrifice of the Mass will be offered for your
intentions.*

Carmel's Months Mind Mass will be celebrated in
Sts Peter & Paul's Parish Church on Saturday 23rd
February at 6.30pm

May Carmel Rest in Peace

In Loving Memory of

Our Loving Father **WILLIAM KERRY**

61 Knockmay Estate, Portlaoise,

20th Anniversary occurs 19th February 2019.



Your gentle face and patient smile,
with sadness we recall,
You had a kind word for each
and died beloved by all.

*Sadly missed by your loving family
May you Rest in Peace*

*If we have **died** with him
then we shall **live** with him*
Timothy 2:11

ACKNOWLEDGEMENT

In Loving Memory of RICHARD ANDERSON

37 Upper Beladd, Portlaoise. Died 15th January 2019.



The wife and family of the late Richard Anderson wish to express their sincere gratitude for the expressions of sympathy and gestures of kindness shown to us following the passing of my husband Richard.

Heartfelt thanks to all our extended family, friends and neighbours for all their help and support during this sad time.

Richard was blessed to receive unmatched medical care in his short illness from doctors; Gerald White and John Madden, the nurses, carers and staff of Portlaoise and Abbeyleix hospitals and the staff of Hughes Pharmacy.

A sincere thanks to Fr. Tom O' Connor, who recited the Rosary at the house and to Fr. Paddy Byrne, Msgr. John Byrne, Fr. Eddie Lalor and Fr. Pat Guilfoyle (visiting priest) who celebrated the funeral Mass.

To the Military College, Curragh Camp, Kildare, who provided such dignified and respectful guards of honour, their support was tremendous and would have made Richard very proud.

To Ramona Farrell and Antoinette Dickinson who provided such beautiful music. Sincere thanks to Rankin's undertaker for their professionalism throughout and to the grave diggers.

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of our sincere appreciation and gratitude.

The Holy Sacrifice of the Mass will be offered for your intentions.

Richard's Months Mind Mass will be celebrated in Sts Peter & Paul's Parish Church on Tuesday 19th February at 10am.

May Richard Rest in Peace

BIRTHDAY REMEMBRANCE

In Loving Memory of BERNADETTE COYNE

Boughlone, Portlaoise, whose birthday occurred 11th February 2019



*Those we love don't go away,
They walk beside us everyday,
Unseen, unheard but always near,
Still loved, still missed and very dear.
Will those who think of her today,
A little prayer to Jesus say.*

Happy Birthday to our lovely Mother from all her loving family.

May Bernadette Rest in Peace

AWAKE 2019

"ALL THE FAMILIES OF THE EARTH WILL BE BLESSED THROUGH YOUR DESCENDANTS" (ACTS 3:25)

ROSARY
PRAISE & WORSHIP
WORD OF GOD
HEALING SERVICE
& ADORATION

PRESENTED BY
KINGDOM
REVELATOR
ANNOYING FIRE CATHOLIC MINISTRIES



Fr. Bobit Thomas
(Spiritual director)



Sebastian Sales
(Annoying Fire Catholic Ministry UK)



BLESSINGS
His Excellency,
Bishop Alphonsus Cullinan
(Canon Bishop of Kingdom Revelator Ireland)

19th/20th Feb.; Sts. Peter & Paul's Parish Church, Portlaoise. 5-9pm.

21st Feb.; St. Brigid's Church, Coone, Castlecomer. Children's retreat 10am-1pm. Adults 5-9pm.

22nd Feb.; St. Fintan's Church, Raheen. Children's retreat 10am-1pm. Adults 5-9pm.

23rd Feb.: The Church of the Most Holy Trinity, Durrow, 5-9pm.

KILDARE & LEIGHLIN DIOCESAN PILGRIMAGE TO LOURDES 2019

LED BY THE BISHOP OF KILDARE & LEIGHLIN
MOST REVEREND DENIS NULTY



1ST AUGUST 2019

5 NIGHTS

€759
per person
sharing

FOR BOOKINGS, PLEASE CONTACT:

JOE WALSH TOURS

PHONE: 01 241 0802

EMAIL: info@joewalshstours.ie

PILGRIMAGE DIRECTOR FR. PADDY BYRNE



Joe Walsh Tours | www.joewalshstours.ie | E: info@joewalshstours.ie

T: 01 241 0802 | FOLLOW US: [f](https://www.facebook.com/JoWalshTours) Joe Walsh Tours [@JWTPIlgrimages](https://www.instagram.com/JWTPIlgrimages)

Licensed by the Commission for Air Travel Regulation, TD 852 and TA 0489 in compliance with the Package Travel and Linked Travel Arrangements Package Regulation 2018.



28th Divine Mercy Conference

Saturday 23rd & Sunday 24th February 2019

**Main Hall,
RDS,
Ballsbridge,
Dublin 4**

"Let Us Not Be Put To The Test"

Matthew 6:13

Speakers for 2019



From Malta



Holy Family Mission



Family Tree Healing Ministry

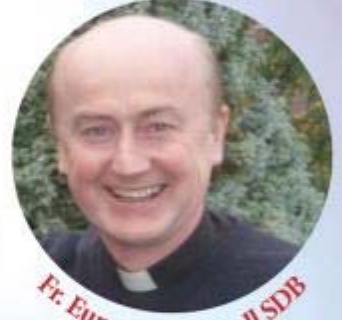


Jesus I Trust in You

Speakers for 2019



Archbishop of Dublin



Conference Spiritual Director



Pro-Life Speaker

Tickets: Saturday €30, Sunday €20, Weekend €35

Available online by Paypal or by post from 22 Castle Grove, Clondalkin, Dublin 22.

For Group Bookings or Enquiries Phone: 086 066 9203

Email: divinemercyconference@gmail.com

Conference Hours: Saturday 9am - 9pm, Sunday 9am - 5pm

Live web cast throughout the weekend - see www.divinemercyconference.com

Thank you for your prayer and support for this great annual event

Full programme and latest information on our website www.divinemercyconference.com



RELIGIOUS NOTICES

Adoration: Monday to Friday after 10am Mass, concluding with Rosary 7pm. Saturday after 10am Mass concluding with Rosary 6pm. Sunday commencing at 2:30pm, concluding with Rosary 7pm. From 2:30pm to 3:30pm on Sunday will be a special time of prayer for vocations to the Priesthood.

Adoration in the Church of the Assumption the Heath Sundays from 2.50pm to 4pm.

Rosary: Please join the Prayer for Ireland team in praying the Rosary daily at 9.30pm on the Parish radio (106.5fm) or web cam.

Rosary at the Grotto: First Fridays and all Feast days to Our Lady, 8pm.

Legion of Mary: meeting every Wednesday at 8pm in the Prayer room of the Parish Church.

"Meditating... Being Mindful... Seeking God": Treo Nua (Knockmay Centre). Thursdays, 11am to 12 noon. New members welcome.

Parish Bereavement Support: If you have lost a loved one, there is a confidential one to one support service available (by appointment), call 087-9878300.

Divine Mercy Prayer Meeting: Every Monday 8-9pm in the Prayer room of Portlaoise Parish Church.

USEFUL SERVICES

Accord: Going through a difficult time in your marriage/relationship? Counselling Services available at Accord, Parish Centre, Portlaoise, call 057-8661581 or e-mail us at; accordportlaoise@hotmail.com

Sean Doyle Light Engineering, Granstown, Ballacolla, Laois, 087-2068972: Clothes line poles, wall to wall clothes lines, winders, pulleys etc., retractable clothes lines, bicycle stands etc. Facebook; seandoylelightengineering

COMMUNITY NOTICES

Aontú Political Party - Laois is a new grassroots, activist-led party established by Peadar Toibín, TD, which also includes pro-life policies. To join this party you are invited to come along to our next Portlaoise Aontú Cumann meeting at the Midlands Park Hotel, on Monday 18th February at 8pm. For further info. contact 085-7840960.

Midlands Living Links Outreach Listening and Support Service for people bereaved by Suicide. Call; 086-1600641.

Portlaoise Active Retirement Association (ARA)

Bowls: Every Monday at 3pm in St. Mary's Hall, regular and new members are always welcome to come along and take part.

Whist: Play/learn Whist at Sue Ryder centre every Thursday 2.30-4pm. All are welcome.

Upcoming Events;

Feb. 20th: Series of new dance routines to suit all comers with the Maestro Maureen. A new experiment to try different formats to accommodate all tastes.

Feb. 27th: It's time to exercise the brain cells again so we must dust down the thinking caps and see what we can remember for a diverse series of questions to challenge us, set by Anne.

Laois Alzheimer's Society Resource Centre at 47 Main Street Portlaoise is open Monday to Friday 9am-5pm.

Support Group; Wed. 20th February from 7.30pm to 9pm in Resource Centre, Portlaoise. The support groups provide an opportunity to meet others in a similar situation and to access information and practical advice in a supportive environment. Free to family members affected by dementia and memory issues. For any information on dementia contact;

Ann Munnely, Home-care Coordinator, 057 866 3398 / 086 8372168 or e-mail; laois.branch@alzheimer.ie

Newbridge and Kildare Samaritans are recruiting new volunteers: If you live in County Kildare/surrounding counties and are interested in volunteering with the Samaritans, please come along to one of our upcoming information nights for prospective volunteers on Wednesday 20th and Thursday 21st February at 7.30pm at 3 McElwain Terrace, Newbridge, Co. Kildare.

For further information please phone 086-0855785 or you can e-mail us at; samaritansrecruitment@gmail.com

Pioneer News: The annual enrolment of the Confirmation classes will take place in the coming weeks. Full details will be available in the schools. Parents should advise their children to avail of this opportunity to enrol to be members until they are 18 or over. Anyone who would like to get a copy of the Pioneer magazine should contact 087-2868092. This is a very readable and interesting monthly publication containing articles, crosswords, photos, remembrances of deceased members and much more.

Portlaoise Library News Seachtain na Gaeilge 1-17th March 2019

We will be celebrating Seachtain na Gaeilge, with an evening of entertainment of Irish Music, Poetry, Song and Dance, Wed. 6th March, 4.30pm. All are welcome to join in the fun.

Host families wanted for Spanish Students (age 11-16) for two weeks, 28th June-12th July.

Children of a similar age required. Reimbursement €800-2 students / €400-one student.

Tel. Michael 087-9235496 or e-mail laoislanguagecamps@gmail.com.

Carlow Bingo at the Youth Centre, Green Lane, Carlow on Sunday 3rd March at 3pm:

€10,000 in prize money. All full house on Book €500. Jackpot full house €1,500. Raffle full house €1,000. Flyer full house €1,000. 6 panel book €5. Double book €10. Plus Bumper Lotto Jackpot. Don't miss it!

GROW Community Mental Health Support Group meet at 7:30pm every Wednesday in Portlaoise Parish Centre. Why not come along and learn more about positive mental health, well being, recovery and how GROW may help you achieve this. Free of charge. All welcome. Contact; Michelle on 086-4183805 or visit www.grow.ie.

Portlaoise Men's Shed are open Tuesdays & Thursdays at Portlaoise Equestrian Centre, Timahoe Rd., 11am-3pm. Drop in for a chat and a cuppa and see some of the new projects and activities. New members welcome.

Sue Ryder Charity Shop: Donations always welcome of ladies/gents good quality clothing, shoes, bric-a-brac, jewellery, gift sets, curtains, household appliances, unwanted gifts, bed linen, blankets, furniture. Call Marguerite on 085-8662842.

FOR SALE

Upright Piano;
JG Gibb & Sons
Also Computer Desk
087-7696318

The Parish Shop

At the Parish Centre

Open Monday to Friday 9am-5pm

**WE STOCK A WIDE RANGE OF GIFTS FOR
COMMUNION AND CONFIRMATION**

Prayer Books - Rosary Beads - Rosettes

Personalised Cards and Candles

Photo Frames - Gift Sets - Bookmarks

Sterling Silver Necklets, Chains and Crosses

Keepsake Boxes for those cherished memories

Communion and Confirmation Certificates

Confirmation in our Parish; 8th/9th March

Communions in our Parish; 4th, 11th, 18th & 25th May



ACTIVE PLUMBER

Central heating, showers,
taps, blockages.
New installation or repairs.

Contact Fergus;

087-6542742

087-0959245

PAINTING & DECORATING

- Interior & Exterior
- Spray Painting
- Powerwashing
- 10 years experience

089-4459958

Hugh Thompson

MIDLAND HEATING SERVICES

For all your Heating & Plumbing needs

Service and Repair of Oil Boilers,

Oil Cookers & Gas Boilers

Plus Power Flushing of Heating Systems

Removing all the old sludge and water that has built up in
your radiators and boilers over the years with clean water
and Inhibitors to reduce fuel bills and save money.

Ballyfin, Portlaoise. Call:

086-3758503

GARDENING & SMALL PLUMBING JOBS

Paths power washed, lawns cut,
can mulch so no grass collection
and it feeds your lawn too!
Hedges trimmed. Also taps,
bathrooms etc. Contact;

087-2384924

THE THRIFT SHOP

Peppers Lane, Portlaoise.

Supporting palliative care locally.

We are in need of voluntary workers in
our Portlaoise shop. If you have a
couple of hours free time weekly, and
would like to assist with sorting clothes
and completing sales transactions,
please contact **087-9586057**.

PLUMBER AVAILABLE

All domestic, solid fuel,
oil servicing, water
softener installation.

Contact Alan;

085-1141395

WINDOWS & DOOR REPAIRS

- Hinges/Handles
- Letterboxes
- Slide Patio Doors Rollers
- Window & Door draught
proofing

083-3153211

TALKING POINT

Personal and
Couple Counselling
Discreet and confidential
Accredited and
Garda Vetted, NAPCP.

Tony Moore 087-2928095

www.talkingpointcounselling.ie

MIDLAND APPLIANCE REPAIRS

Quick, Cost Effective
Domestic Appliance
Repairs. Contact;

087-9080211

A1 CHIMNEY SWEEP & GUTTER CLEAN

Brush & Vac, No mess—
totally clean job. Bird
guards & cowls fitted.

Contact Martin on

087-9616098

PODIATRIST MAY COLLINS

Bsc (Hons) Podiatry MCHSI
2 Kellyville Park, Portlaoise.
Tel.;

086-3785327

By Appointment only.

VHI-Aviva-Laya approved

CASHEL WEDDING PHOTOGRAPHY

Cashel, Portlaoise

Capture your wedding day with
superb pictures! Now accepting
bookings for 2020/21. All albums
less 20% while stocks last. Tel.

Eamonn 087-9344785

ART CLASSES

At Heyday Studios, Portlaoise.

Every Monday

Adults: 11am, 3pm and 7pm

12-16 year olds: 5pm

For more info. or to book
phone Pauline;

087-6482260

S&R SERVICES

Extensions, new builds,
renovations, sheds, stone
mason, brick laying,
painting, decorating and
general maintenance etc.

085-7462417

SUPPORT COMPANION

Mature lady available to
work as support companion
with elderly person.

Qualified social carer with
20 years experience. Tel.;

085-1228615

GRINDS WANTED

Irish and Maths Junior
Cert. grinds wanted.
Emo-Portlaoise area.

Contact;

057-8646869

083-1854997

www.HandyHire.ie

Multi-skilled for just about
everything, such as toilets & taps,
showers descaled or replaced,
tiling, plastering, carpeting, photo
galleries, decorating, gates/roofs
repaired, walls - you name it!

Call/text Vinny; 083-8604202

or visit our website or FB page.

CARER, HOUSEKEEPER, HOME-HELP AVAILABLE

Mature lady available to
work as Carer, Housekeeper,
Home Help, 7 days a week,
experience and references.

Contact Dolores;

089-4045355

CHILDMINDER **AVAILABLE**

Registered, vetted and insured.

Based in Ballyroan.

Contact Denise;

085-2105550

PAINTER **AVAILABLE**

Interior/Exterior

Contact;

087-7505286

LEAVING CERT. **ART GRINDS**

* Tuition available for Practical and/or Art History in Portlaoise area.

* Flexible times available.

* Group or individual lessons.

Call or WhatsApp 086-376-9306
now for bookings and enquires.

Ballinakill / Knock Parish **Fundraiser**

Michael English

Church Concert

Sunday 24th February

St. Brigid's Church, Ballinakill

Doors open 7pm. Tickets €25

Raffle on the night. Contact;

Pakie McDonnell 087-9977250



Happy Snappers

Camera Club

New Members

Open Night

Fishermans Thatched Inn
Fisherstown, Co. Laois. R32 CR22

Tuesday 26th February at
8pm sharp

Workshops, presentations,
outings and exhibitions.

All levels of photographers
welcome. Contact;

Tony 085-1744869



Find us on
Facebook

Congratulations to Joan O' Reilly, the lucky winner of last week's
€10,000 lotto jackpot, our sixth winner of 2019!

Pictured below; Joan and her husband John who sold the winning ticket, collecting
their prize with their grandchildren; Katelyn and Teagan O' Reilly.

Play lotto online at www.portlaoiseparish.ie or call into the Parish Centre and buy a
lotto membership and you too could be as lucky as Joan!



ACTIVATOR POLES **FOR BEGINNERS**



Suitable For People Who Want
To Learn About Activator Poles

Monday, February 18th – Monday, March 18th
Every Monday - 5 Week Programme

Parish Centre, Portlaoise

11AM - 12PM

To Book A Place Please Call Catriona Slattery
In Laois Sports Partnership

At 057 867 1248 / 086 793 5234

FEE: €35 For The 5 Weeks Poles Provided



SPÓRT ÉIREANN
SPORT IRELAND






KILLESHIN
HOTEL & LEISURE CLUB
★★★★★

WEDDING EXTRAVAGANZA

— 24TH FEB 2019, 1-5PM —



Your chance to rediscover the all new Killeshin Hotel
30+ wedding suppliers on the day
Competitions and discounts on wedding packages
Celebrity wedding host Sara Kennedy from the Irish Wedding Blog
The latest in bridal fashions modelled by Catwalk Models Agency



Win your Wedding!

Couples who book their Wedding in any SÓ Hotel by 31st March will be entered into a draw to win a €10,000 wedding! PLUS one couple will win €1,000 OFF their wedding at The Killeshin Hotel.
T&C's Apply. For more info see www.sohotels.ie