

Fifth Sunday in Ordinary Time

Our Lady of Lourdes
World Day of the Sick
11th February

"Illness is part of our human condition. Yet, if illness is experienced in isolation and abandonment, unaccompanied by care and compassion, it can become inhumane".

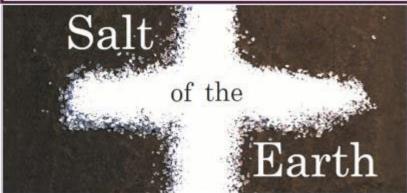
Taken from Pope Francis's message for World Day of the Sick.

The Parish Centre 057 8621142 E-mail: info@portlaoiseparish.ie

Follow Us @PortlaoiseParis
& Like Us f b.com/portlaoiseparishlaois
fb.com/portlaoiselinkup

Parish and Diocesan Websites: www.portlaoiseparish.ie www.kandle.ie





Shining Example

We often hear folk proclaim that their faith is a very private affair, something strictly between themselves and God. Of course there's a place for private worship, but at the end of the day, what good is a religious conviction that rarely impacts others and fails to make the world a better place? Today Jesus tells us that if we live by our faith we will become 'the salt of the earth' and the 'light of the world'. How wonderful to be worthy of such compliments, but lest we get carried away, Jesus warns of us of the pitfalls. If the salt is to lose its taste it will become worthless, and if we are to hide the light beneath a bowl it will obviously fail to serve its purpose. What a silly idea! Why on earth would we go round hiding lights underneath bowls yet we do it all the time.

We deny the salt and hide the light every time we keep our faith to ourselves. It isn't fashionable to be a Christian nowadays and hiding God's light gives us a get out clause. Hiding the light means we can choose the comfortable or the easy option. Hiding the light means ignoring someone who is alone, or suffering. Hiding the light means keeping quiet and erring on the side of popular opinion. Hiding the light means keeping quiet in the face of injustice or intolerance.

Today we are invited to remember all those who Jesus might have described as the 'salt of the earth'. We all remember someone who has motivated and inspired us. We all remember someone who has stood out against the crowd. Today we ask, "Are we guilty of practising our faith quietly and only when it's safe, or are we shining examples."

Development Fund Envelope Boxes
Available at the Church Porches

Mass times for the coming week

(Parish Church or otherwise stated)

Monday (Bank Holiday): 10am Tuesday - Friday: 7.30am & 10am

Saturday: 10am

Sunday

Vigils 5pm & 6.30pm (Saturday) 8.30am, 10am, 11.15am & 12.30pm CHURCH OF THE ASSUMPTION, THE HEATH

Sunday: 9.30am

CHURCH OF THE HOLY CROSS, RATHENISKA

Sunday: 10am

CONFESSIONS

Saturday: After 10am Mass & after 5pm Mass.

Our Lady of Lourdes Saturday 11th February

Lourdes has become a place of pilgrimage and healing, but even more of faith. Church authorities have recognized over 60 miraculous cures,



although there have probably been many more. To people of faith this is not surprising. It is a continuation of Jesus' healing miracles - now performed at the intercession of his mother. Some would say that the greater miracles are hidden. Many who visit Lourdes return home with renewed faith and a readiness to serve God in their needy brothers and sisters.

Saturday 11th February 10am

Celebration of the Eucharist
And Anointing of the Sick
In our Parish Church.
There will also be a special blessing
for all who care for the Sick.

All are Welcome.



We welcome into our Parish Community

Fionn Edward Murphy, Green Road Shelby Lou Brennan, Straboe Harvey Daniel McGuirk, Dysart Brian Patrick Darcy, Woodbrook Indie Alice Fennell, Dublin Road Who was baptised last weekend.



Now 25% off



Mulhall's Fresh Irish Silverside

Offer Available Tues 7th Feb - Sun 19th Feb Only

Mulhall's Butcher Counter is Open Every Sunday 9am - 5pm. Phone 057 86 21044

AUDIOLOGIST HEARING AID

consultant

Patricia Kilmartin B.A.A.T., M.I.S.H.A.A. (28+ years experience with Private & Public Sector)



- Comprehensive Hearing Assessment
- Full range of Digital Hearing Aids available incl. FREE PRSI HEARING AIDS TO VALUE OF €1000 TO ELIGIBLE CLIENTS
- · Pre-employment tests/Occupational Screening Tests
- Ear moulds, Custom made Swim Plugs, Musicians Moulds, etc.
- Hearing Aid Batteries, Minor Repairs, etc. (incl. postal service)
- Ear Wax Removal Service

In Attendance

10 Lismard Court, Portlaoise Co. Laois.

(Entrance beside Macra Na Feirme Hall on Timahoe Road)

By Appointment Only

Tel: 057 8692289 Mobile: 085 8568808

E-mail: pkaudiology@gmail.com

Website: www.kilmartinaudiology.ie

STRICT SAFETY MEASURES IN PLACE, IN LINE WITH ADVICE OF THE GOVERNMENT & HSE GUIDELINES



Improve, Don't Move!

Maximise the value of your home.

- SPACE-SAVING MAXIMISE YOUR GARAGE HEADROOM
- SECURITY-ENABLED AUTO-LOCKING SYSTEM
- CHOICE OF 21 COLOURS TO MATCH YOUR HOME
- REMOVAL AND RECYCLING OF YOUR OLD DOOR
- DEDICATED AFTER-CARE TEAM



05 785 03869

Www.garolla.ie

BESPOKE ELECTRIC DOORS
LOCAL INSTALLERS
ACROSS IRELAND

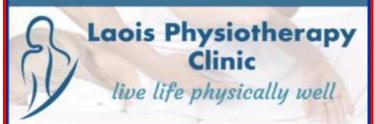












The Coach House, 4 Kellyville Park, Portlaoise.

JOHN SUGRUE BSc MSc MISCP NICOLA CALDBECK BSc MISCP MAACP CONOR BOLTON 85c MSc MISCP

Online booking: www.laoisphysiotherapyclinic.ie To book by phone: 087 666 4808

Services include

- Manual Therapy
- Exercise Prescription
- Post-Operative Care Programmes
- Taping
- Home Visits
- · Dry Needling
- Exercises Classes
- Ergonomic Assessment & Presentation

Opening Hours:

Thurs: 8:30am - 7:00pm Mon: 9:30am - 6pm Fri: 9:30am - 5.30pm Tues: 8:30am - 5:30pm

Wed: 9:30am - 5.30pm

Thanks as always for your support Kind Regards, all @ Laois Physiotherapy Clinic



Taylor & Conroy Orthotics and Insoles

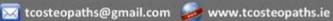
- No long waiting lists to be assessed.
- Qualified practitioners with over 20 years experience.
- Irish-made Orthotics.
- Relieving pain.
- Improving mechanics and posture.
- Preventing issues associated with flat feet and high arches.



KELLIE TAYLOR BSC (Hons) Ost. M.O.C.I. and DARREN CONROY BSC (Hons) Ost. M.O.C.I.

086-8675060

Unit 10 Kilminchy Court, Kilminchy, Portlaoise, Laois





LAOIS JET WASH SERVICES LTD



C.C.T.V. PIPE & DRAIN INSPECTION HIGH PRESSURE DRAIN CLEANING TEL/FAX 057-8681720 MOBILE 087-7749519 HAVE YOU A PROBLEM WITH YOUR DRAINS?





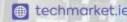


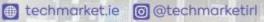
Techmarket

Sales Accessories Repairs

Located in the Kyle Centre, Portlaoise

Laptops, Macs, iMacs, Tablets and all Computer and Phone Accessories in stock









LIAM GRANT WOOD DESIGN

KITCHENS - BEDROOMS - MEDIA WALLS [ESTD. 1998]

10% Off Spring Offer until 31st March

Get your ideal Kitchen at a price you can afford. We can create the perfect kitchen for you. Individual Kitchens starting from €4,999.

Abbeyleix Road, Portlaoise. R32 Y275 Liam 087-8280265 | liam.lgwd@gmail.com John 086-3864013 | john.lgwd@gmail.com



M: 087 615 8761

School Runs Airport Shuttle Hen and Stag Parties Sporting Events and Concerts Tours Work Events Bingo Runs





@bowesminibus f @bowesminibusservice





















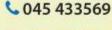


 Graphic Design - Corporate & Retail Print - Book Publishing - Memorial and Wedding Stationery • Signage • Vehicle Graphics Promotional Items • Mail Marketing • Pick & Pack

Clonminam Business Park, Portlaoise, Co. Laois, R32 EH11 **057 8634050**

mochuaprint.ie

Henry Street, Newbridge, Co. Kildare, W12 TF83















Creating Memorable Moments

- · Freshly prepared food
- Tailored menus
- Complementary meal for celebrating child
- · I day Club Vitae Leisure Centre pass for celebrating family

2 COURSE MEAL 24.95 PP

3 COURSE MEAL

1.95 PP Tea/Coffee

CHILD UNDER 12 €10.95 PP



BOOK NOW

057 869 5900

info.portlaoise@maldronhotels.com





Martin Ryan Lawnmower Sales & Service • Solo Ride-ons • Oleo-Mac Weibang Lawnmowers Legacy

ortlaoise Golf Club AVONDALE. ABBEYLEIX ROAD 086 2493723 PORTLAOISE



Supply and Fitting

to the highest standards

- **Wall Mounted Shower Seats**
- Internal and External Handrails
- Ramps
- Dropdown Support Rails and Bathroom Grab Rails
- Stair Handrails
- Home Improvements

All fitted in line with current building regulations

Michael 087-6293155 Jo 086-3449236 www.mobilityinstallations.ie



- NEED HOME HEATING OIL?
- NEED TRACTOR DIESEL?

Call Sean Smyth 086-3561669

CENTREPOINT CARPETS LTD

SITUATED BETWEEN LIAM FITZPATRICK TYRES AND MCDONALDS

Phone/Fax; 057-8620792 | E-mail; centrepointcarpets@gmail.com

We are Suppliers of :-

- * Carpets * Vinyls * Wood Flooring * Rugs * Blinds
- * Mattresses * Beds * Bedroom Furniture * Pillows



Cottee MORNING

SUNDAY 5TH FEBRUARY 12.30PM (AFTER MASS) SHANAHOE COMMUNITY HALL

JOIN US FOR THE LAUNCH OF OUR LOTTERY SYNDICATE, SWEET TREATS AND HOT DRINKS

> THIS IS A FUNDRAISER FOR THE FURTHER DEVELOPMENT OF SHANAHOE COMMUNITY HALL





Block Road, Portlaoise

057 8681492

www.cuislecancersupport.com email: info@cuislecancersupport.ie

The Cuisle Cancer Support Centre is operating as normal - we are currently following National Cancer Control Programme guidelines. Facemasks are required to be worn for all attendees. The welfare & care of those attending & working in the centre as always is our priority.



Mondays

Our walking group brings participants through a walking programme gradually increasing fitness over time. The walking group helps people diagnosed with cancer take positive steps towards better health. Exercise has been shown to help with fatigue for cancer survivors.

THRIVE & SURVIVE **PROGRAMME**

This is a self-management programme for cancer survivors with the aim of improving their quality of life to better manage daily health. (Developed by Standford University)

Starting, Monday, 12th Feb 10am-12 noon **Booking Essential**

ENTITLEMENTS

A Citizens Information Adviser will give you advice about the financial help you may be entitled to and will help you to navigate the process. e.g., medical card application etc

CANCER SUPPORT NURSE

Our cancer care nurse will provide you with information to help you with the emotional and psychological impact of your cancer diagnosis.

Tuesdays

1st Tuesday of each month from 10am-11am

MINDFULNESS FOR MEN

11am-12noon 7th February

PROSTHESIS & BRA FITTING DAY

Spaces Available. **Booking Essential**

MINDFULNESS **PROGRAMME**

11am-12noon 6 Week Course **Booking Essential** 7th February

PILATES

12.45pm-1.30pm Places Limited 6 Week Coursse 7th February

Wednesdays

GARMENT FITTING

Serra Nova

8th February Sleeve/Leg Garments For Lymphoedema **Booking Essential**

MANUAL LYMPHATIC DRAINAGE

A specialised gentle massage for patients with Lymphoedema, which may result from surgery or radiotherapy.

By Appointment Only

REFLEXOLOGY REIKI

By appointment only

ART From 2-4pm 15th February

CHAIR YOGA

10am-11am Booking Essential

Thursdays MINDFULNESS IN **MENOPAUSE**

10am-11.15am **Booking Essential**

CLIMB PROGRAMME

Helping Children Understand Cancer. This programme is fun and creative, using drama, arts and play and aims to help children cope with a cancer diagnosis in the family

February 2023

WORK & CANCER PROGRAMME

This is a 6-week programme which will equip you with strategies and skills to help manage everyday symptoms which can impact on work. This programme was developed by TCD and is supported by

TCD & NCCP.

Booking Essential April 2023

COUNSELLING

By appointment only

CUISLE KILDARE

The Waterways, Sallins,

Naas. Tel: 045 852918

Outreach Centre in Sallins Co. Kildare

2 days per week - Tuesdays & Wednesdays - 9am-2pm

CUISLE CANCER SUPPORT CENTRE Follow Us:





Next MEN'S GROUP

Next Group 7th March

14th February

NEW - AQUA AEROBICS

EVERY THURSDAY

from 1.45-2.30pm IN PORTLAOISE LEISURE CENTRE



This class is ideal for all cancer patients especially patients who suffer with lymphoedema. Aqua aerobics or exercising in water can really help improve lymphoedema and quality of life, as well as helping you keep fit, healthy and happy. Please give the centre a call if you would like to attend this class on 057 8681492 THIS CLASS IS FREE OF CHARGE AS IS ALL OUR SERVICES

PAINTING & DECORATING

- Interior & Exterior
- Spray Painting
- Powerwashing
- 15 years experience
- Fully Insured

089-4459958

www.kukic-hms.ie

WINDOW AND DOOR REPAIRS

- Hinges/Handles
- Letterboxes
- Slide Patio Door Rollers
- Window and Door draught proofing
- Fully Insured

083-3153211

www.kukic-hms.ie

ACTIVE BUILDING SERVICES

Domestic Plumbing. Oil Fired Central Heating. Plumber on call, Portlaoise and surrounding areas. Tel.;

Fergus 089-4541868

TV SERVICES

Repairs to TV and home entertainment equipment. Also we supply and fit and repair Saorview, Aerial and Satellite systems. Contact;

057-8732998

087-3636497 / 083-3742600

PLUMBER AVAILABLE

All domestic, solid fuel and oil servicing.

Water softener installation. Full Bathroom Renovations.

Contact Alan;

085-1141395

FUEL FOR SALE

5 large net bags Logs €20 Kindling bags €2.50 per bag Orders over €60 receive two bags of kindling free Car Trailer loads available. Free delivery to suit. Tel.

Fintan 087-7645855

PODIATRIST

MAY COLLINS

Bsc (Hons) Podiatry MCHSI 2 Kellyville Park, Portlaoise. Tel .:

086-3785327

By Appointment only. VHI-Aviva-Laya approved

ERAWAN THAI MASSAGE

Pepper's Court **Portlaoise**

> Open 7 Days 11am-7pm

083-0988602

DS

PROPERTY MAINTENANCE & GROUNDWORKS



Patio areas, driveways, stump removal, lawns, kerbing, hedging, fencing and drainage.

Call now for a competitive quote!

085-7759975

dsgroundworks22@gmail.com

Hugh Thompson MIDLAND HEATING SERVICES

For all your Heating & Plumbing needs Service and Repair of Oil Boilers, Oil Cookers & Gas Boilers

Plus Power Flushing of Heating Systems Removing all the old sludge and water that has built up in your radiators and boilers over the years with clean water and Inhibitors to reduce fuel bills and save money. Ballyfin, Portlaoise. Call:

086-3758503

EXPERIENCED DJ FOR ALL EVENTS

Weddings Birthday Parties and much more!



E-mail; jcdjmusic@live.com Facebook; Jc Dj Music

DAVE CUNNINGHAM A CARPENTRY SERVICES



Registered and fully insured Budget Kitchens €€€€ at affordable prices to suit everyone. Slide robes, Panel work, Partitions and wainscoting.

Outdoor pergolas with twin wall clear roof. Renovations undertaken.

Call Dave 086-8209640 davecunninghamdrom@gmail.com

HANDYMAN AVAILABLE



- Small Construction iobs
- Maintenance
- Painting

Experienced and local. Contact:

Jim 087-6885017

ELECTRICIAN

AVAILABLE

For all domestic work

Contact Paddy;

087-2557342

All Scrap Metal; Washing machines, Cookers, Lawnmowers etc. collected free. Also Mini-Digger and small Tipping Trailer for hire. Garden sheds cleaned out, old sheds, fences or sewer problems solved. Contact; Richard 085-2529893

PAINTER

&

DECORATOR

AVAILABLE

Call Elaine 085-8788259



CARER AVAILABLE

To look after elderly person in their home. Full qualified and experienced, Multi-lingual -English, Spanish, Portuguese, Calatan. Afternoons preferable and weekends. Can also prepare meals if required. Contact;

089-4568476

BABYSITTER/ CHILDMINDER REQUIRED

Experienced person needed to assist Mother in caring for small baby in own home (Esker Hills, Portlaoise). Additional light housework duties. Must have previous experience with babies. 10-15 hours per week. Please phone or text;

086-6676218

A1 CHIMNEY SWEEP & CAMERA SURVEYS

Brush & Vac. No mess totally clean job. Bird guards and cowls fitted. Contact Martin;

087-9616098

KITCHEN STAFF REQUIRED

DELUXE PAINTING & TILING
Interior Painting and Decoration

Exterior Painting and Spray Painting Ceramic Tile and Natural Stone

Installer

Laminating Floor

Powerwashing and Cleaning Service
Contact Thomas 083-1819693

deluxepaintingtiling@gmail.com

http://deluxe-painting-tiling.business.site/

Sue Ryder Kilminchy are currently recruiting a skilled kitchen staff member to join our existing team. Five days per week including weekends. Hours are 10am to 3.30pm.

Contact Eimear 057-8668854



Tankardstown Vets 0599145843 Erkina Vets, Rathdowney 0505 46449

Fintan Graham, Mountrath 0578732386 Kyle Vets, Durrow 0578734111

Portrane Vets (Tyrell's), Portlaoise 0578621403

Vetcare Portlaoise 0578664841

PORT VET CLINIC 0578636633

PORTARLINGTON VET CENTRE 0578652388

KIERAN CUMMINS MOUNTMELLICK 0578644253

+ €10 OFF MICROCHIPPING!

LANG DESIBERTS OULY

St. Francis School Admissions;

Closing date for applications 7th February 2023.

We cater for children with special educational needs between the ages of 5 and 18 years.

We offer both a primary and second level programme within a holistic, caring, child-centred environment.

<u>Portlaoise Active Retirement</u> meet every Wednesday afternoon at 3pm in the Parish Centre for activities, friendships and fun, all are welcome. Activities for the coming week;

Monday 6th; No Bowls - bank holiday

Tuesday 7th; Rehearsal for Bealtaine show at 2pm in the Parish Centre, save the date - show on 14th June.

Wednesday 8th; Club at 3pm in the Parish Centre, fun and exercises with Moez.

Thursday 9th; Cards and chat in Sue Ryder Centre Kilminchy at 3pm, tuition given.

AGM scheduled for 15th February at 3pm in Parish Centre. Membership €25 per year. Old and new members welcome. 24th April 2023; 5 Day Spring Holiday, staying at the award winning 4* Castlerosse Park Hotel Killarney.

Breath-taking scenic location situated within Killarney National Park. Price €475 p.p.s. includes half board, luxury coach daily tours, local pick-up. For further information call 087-6204617.

Results of Whist Drive held in the Parish Centre on Tuesday, January 31st;

Top score: Frank Keenan | 1st Lady: Patricia Horan | 2nd Lady: Theresa Mulhare

1st Gent: Mary Delaney | 2nd Gent: Tom Jacob | 1st Half: Kit Farrell | 2nd Half: Christy Fitzpatrick 13 Tricks: Tom Jacob and V. Kearns

Raffle: 1st Maureen Fitzpatrick | 2nd C. Galvin | 3rd Liam McCartney | 4th B.O.B. | 5th Betty Fox Thanks to everyone for their support. Whist continues every Tuesday night at 7.30pm in the Parish Centre. Anyone interested in learning to play, contact Breda Cooley.

<u>PATH</u> (Portlaoise Action To Homelessness), would like to thank anyone who has dropped in donations to the Parish Centre. Your generosity is very much appreciated. At the moment we are not accepting clothes.

<u>Study Theology Online, is this for you?</u> The Priory Institute provides online Theology courses to degree level. Attend Saturday lectures in Tallaght or from the comfort of your own home. Register before February 8th. Find out more on our website; www.prioryinstitute.com

New Year - New Opportunity to get involved; Are you a parent or grandparent with a few hours free each week? If so, please consider offering friendly support to young parents with Parents First. There is free training and ongoing mentoring. Find out more, call Dolores or Paula at 086-1959221 or 057-9322996.

Anam Cara Midlands, the organisation that supports bereaved parents, is holding its monthly Parent Evening for bereaved parents on Wednesday 8th February at 7:15pm in the Mullingar Park Hotel. This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or whether their death was recent or not. We also offer an online service. For more info call 01-4045378.





Join Today!



Portlaoise Parish Centre Every Tuesday 7am-1:30pm 5pm-6pm

Call in and chat to Breda
If not now - when?



The Salt of the Earth

Have you ever been in a supermarket when, as you did your shopping, they offered samples of different food items to try? They do this to entice you to buy those items. If the samples didn't taste good, you probably wouldn't buy any, would you?



Say, they asked you to test taste popcorn. If they had two small bowls of popcorn. The popcorn in one bowl has been salted and the other has not. Which one you like best? In my opinion, I would go with the salted popcorn.

I'm sure you all knew that many foods taste much better with a little salt. It doesn't take much. In fact, when you are cooking, a recipe often calls for "a pinch of salt." Not much, just a pinch, but that little pinch of salt makes a big difference in the flavour.

In the Gospel today, Jesus said to his disciples, "You are the salt of the earth." What do you think that means? I think Jesus means that he wants us to improve the quality of life of those we meet each day. How can we do that? We can do that by introducing them to Jesus and by showing them that having Jesus in our life is like having salt on our food. Everything is better when we have Jesus in our life.



Prayer

er
ther, our prayer

Heavenly Father, our prayer is that we may be the salt of the earth by showing the love of Jesus in all that we do.

In Jesus' name we pray.

Amen.



Our Lady of Lourdes

Saturday 11th February

In Lourdes, France, in 1844 a baby girl named Bernadette Soubirous was born. Bernadette's family was very poor, and Bernadette was responsible for looking after and caring for her brothers and sisters.

Bernadette was a good natured girl with dark eyes and a round face. The only education Bernadette received was the Catholic teachings which she studied faithfully in the evenings.

At the age of 13, Bernadette was preparing for her First Holy Communion. One of Bernadette's chores was to collect wood for the fire. On a cold day in February 1858, Bernadette and 2 companions

headed off to the Gave River to collect pieces of wood. The 2 companions ran ahead and left Bernadette struggling to keep up. As Bernadette was taking off her shoes to make her way through the river, she was startled by a peculiar wind and rustling sound.

Bernadette looked up towards the grotto and the caves on the riverbank. Near the opening of the grotto, Bernadette glanced and noticed the cave was suddenly filled with golden light. Lifting up her eyes, she saw a lady of great beauty, dressed in a pure white robe with a blue sash, a veil over her head, a rosary clasped in her hands and yellow roses at her feet. Bernadette rubbed her eyes. What a beautiful lady! But where did she come from? And what was she doing here?

The beautiful lady smiled at Bernadette and asked her to say her rosary. Bernadette said her prayers and when she was finished she looked up, the lady had vanished. Bernadette caught up to her 2 friends and discovered that they were upset with her. What have you been doing? Playing in the river, while we are out here collecting wood? Bernadette told them about the vision she had just witnessed. The girls told Bernadette she was silly and probably just seeing things.

Bernadette felt drawn to the grotto and returned there on the next Sunday. Again Bernadette saw the beautiful lady. The third time Bernadette went to the grotto, the lady spoke to her. The beautiful lady asked Bernadette to come here every day for fifteen days. She said that she wanted Bernadette to tell the priests to build a chapel there. She told her to drink water from the stream. The lady also told Bernadette to pray for the conversion of sinners. Bernadette followed the requests.

On March 25, the Lady finally told Bernadette that she was Mary, the mother of Jesus, and that her purpose in appearing to Bernadette was to warn her to pray and make sacrifices for sinners. The miracles of body and soul performed at Lourdes are the proof that this message was a true warning from the queen of heaven to her children and that she was deeply interested in their welfare.

Bernadette's daily visits to the grotto caused quite a stir in the countryside. Crowds of people began to gather and watch Bernadette as she examined the cave and obediently did the things the lady asked of her. They watched Bernadette scrape away soil beside the grotto until a spring of water started to trickle out. Would you believe this spring still provides 27,000 gallons of water everyday!

This is the sacred Lourdes water which heals all! At first, the priests, the town's folk, and the families doubted Bernadette's visions and the purpose in her activities. But Bernadette was stubborn and determined to follow Mary's plans for her. Eventually everyone did believe Bernadette and the grotto at Lourdes became a place of worship and the Lourdes holy water was sacred for performing miracles.

At the age of 22, Bernadette became a nun and devoted her life to Mary, to praying for the conversion of sinners and to the service of God. Bernadette died on April 16, 1879, at the age of 36.

She will be remembered for believing in the greater glory of God as she was faithful to her mission, she was humble in glory and she was valiant in her sufferings. Today, Lourdes remains one of the most frequented Christian shrines in the world. More than 3 million visitors, pilgrims and tourists come each year to the Grotto of Massabielle, where the Virgin Mary appeared to Bernadette 18 times in 1858.





Time to Think!

Deep Breath of Peace

Once upon a time, a long, long time ago, an elderly man was taking a walk along the beach. He was relaxed and content. The sun shone brightly in the sky, the birds wheeled and sang, the waves washed ashore, the sand was firm underfoot, and a gentle breeze tempered the heat. Some distance in front of him, the man saw the figure of a young man who was behaving strangely. He bent down from time to time, went over to the sea, bent down, and then back to the strand again as he walked along.

'What's he doing?' thought the old man, 'Maybe he's just happy, celebrating life with this strange dance of his. I'll ask him'. A few moments later they met and greeted each other, 'Good morning'. 'A beautiful day'. 'Isn't it lovely by the sea?' And so on. Then the elderly man said, 'As I was walking along I saw you bending down, and then going over to the sea and back again. Do you mind if I ask what you were doing? 'Not at all', replied the young man.

'Do you see all those starfish that have been washed up on the shore? The whole length of beach is lined with them. They're exposed to the wind and sun, and they're drying up. A drying starfish is a dying starfish, so I'm putting as many of them as I can back into the water. Those that survive will produce the next generation of starfish, and life will go on'. 'How many have you put back in? asked the old man. The young man replied, 'I don't know; maybe fifty or sixty'. 'So what's the point?' said the old man. That's such a tiny number among the thousands that line the shore. What difference does it make?' The young man didn't reply. He bent down, picked up a starfish, and carried it back to the water. Almost immediately, it took on a healthy, natural appearance as if happy to be back in its own environment. 'It made a difference to that one', he said.

The old man said nothing, but quietly thanked the young man, and began his journey home. As he walked along he thought to himself, 'I've learned something good today. You can't do everything, but you can do something. It's better to do something, even if it's only a small thing, than to do nothing because of being unable to do everything. No one can do everything, but everyone can do something'. He continued on his way.



Then he stopped, bent down, picked up a starfish, and put it in the water. A few steps later, he did the same again, thinking, 'If one person does a small thing, it remains a small thing. If many people do a small thing, it becomes a big thing. Today has been a good day'.

For those in a hurry: 'Those who are faithful in small things, will be faithful also in big things'. (Jesus, in Luke 16.10)

Don't Quit

When things go wrong, as they sometimes will, when the road you're trudging seems all uphill, when the funds are low and the debts are high, and you want to smile, but you have to sigh, when care is pressing you down a bit, rest, if you must, but don't you quit.

Life is queer with its twists and turns, as every one of us sometimes learns, and many a failure turns about, when he might have won had he stuck it out; don't give up though the pace seems slow – you may succeed with another blow.

Often the goal is nearer than it seems, to a faint and faltering man, often the struggler has given up, when he might have captured the victor's cup, and he learned too late when the night slipped down, how close he was to the golden crown.

Success is failure turned inside out – the silver tint of the clouds of doubt, and you never can tell how close you are, it may be near when it seems so far, so stick to the fight when you're hardest hit – it's when things seem worst that you must not quit.

The Parish Shop

At the Parish Centre
Open Monday to Friday 9am-5pm

WE STOCK A WIDE RANGE OF CARDS AND GIFTS FOR CONFIRMATION

Prayer Books - Rosary Beads - Rosettes
Personalised Cards and Candles
Photo Frames - Gift Sets - Bookmarks
Sterling Silver Necklets, Chains and Crosses
Keepsake Boxes for those cherished memories
Confirmation Certificates

Confirmation Dates; Portlaoise Parish 24th February. Abbeyleix/Ballyroan 2nd March.



OUR PRAYERS ARE ASKED FOR THOSE WHO DIED RECENTLY;



AMY DUNPHY Marian Avenue,

Portlaoise



ELLY VIRIATO DOM-MAZAPI

Colliers Wood, Portlaoise.



JOHN BOSCO GRANT

Colt, Raheen



BRIDIE DUGGAN

née Dooley Ballinakill

MAY THEY REST IN PEACE. Our sympathy to their families.

A message of sympathy may be left for the family by logging on to the death notice at www.portlaoiseparish.ie/deathnotices



9

In Loving Memory of EDWARD COOKE

Rathevan, Portlaoise. 41st Anniversary occurred 2nd February 2023.



The years are passing quietly, With pride we speak your name, Our lives go on without you, It's never been the same.

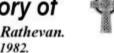
Loved and remembered always Dad

From Margaret, Gerard, Edward & Gearóid, Katie, Rachel and great-grandchildren Madison, Ailbhe and Autumn.

May Adward Rest in Reace



In Loving Memory of EDWARD COOKE Rathevan.



Died 2nd February 1982.
41st Anniversary; 2nd February 2023.
If memories bring us closer,
We will never be far apart,
For you are always with us,

In our thoughts and in our hearts.

Loved and remembered always by;

Your loving daughter Bridie, son-in-law Stephen, grandchildren Deirdre, Karen and Eamonn and great-grandchildren Ciara, Abbie, Oisin, Lily and Hayley xx

May Edward Rest in Reace



BIRTHDAY REMEMBRANCE In Loving Memory of NANCY BORAN



The Downs and formerly 74 Main Street, Portlaoise.

Born 3rd February 1923 Died 18th November 2020

We think of you in silence, And often speak your name, We all have our fond memories, And your picture in a frame.

Always in our Hearts

Rest in Reace Mam



In Loving Memory of MARY AND JOHN BROPHY



11 Davin Park, Mountmellick, Co. Laois 5th Anniversaries occurred 3rd February 2023.



Anniversary Mass will be celebrated in Sts. Peter & Paul's Parish Church, this Sunday 5th February at 11.15am.

> Always in our thoughts Forever in our hearts

Sadly missed and always remembered by all your loving family.

Rest in Reace



In Loving Memory of MARY DOOLEY

29 Dr. Murphy Place, Portlaoise. 9th Anniversary occurs 9th February 2023



9th Anniversary Mass will be celebrated in Sts. Peter & Paul's Parish Church on Thursday 9th February at 10am.

Sadly missed along life's way, Quietly remembered everyday, No longer in our lives to share, But in our hearts, you're always there.

Sadly missed by all her loving family, neighbours and friends.

Mary

No more tomorrows for us to share but yesterday's memories will always be there.

Always remembered by Jim and Maureen Lynch and family.

May Mary Rest in Reace



In Loving Memory of PETER O' BRIEN

St. John's Square, Portlaoise. 1st Anniversary occurs 9th February 2023



Anniversary Mass will be celebrated in Sts. Peter & Paul's Parish Church, Sunday 12th February at 11.15am.

> A whisper on a February day, You heard a gentle call, You took the hand of Jesus, And gently left us all.

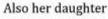
Sadly missed by your loving family.

Rest in Reace Reter



In Loving Memory of JOAN DOOLEY

Late of Killamuck, Abbeyleix. 34th Anniversary occurs 4th February 2023





25th Anniversary occurs 8th March

Loving memories never die, As years roll on and memories pass by, In our hearts a memory is kept, Of ones we loved and will never forget.

Sadly missed by your family - Edward, Laurence.

Rest in Reace



ANNIVERSARY REMEMBRANCE In Loving Memory of ALICE NEVIN

Formerly 12 Mountain View Square, Portlaoise. 4th Anniversary away from us.



Anniversary Mass will be celebrated in Sts. Peter & Paul's Parish Church on Wed. 8th February at 10am.

We would give the world if we could have you here in the same old way, In our hearts you live forever, because we thought the world of you,

The shock of you passing still lingers, the ache in our hearts still remains, but the wonderful memories you left us, stay with us each passing day.



Sadly missed and always remembered, love from your brother Paddy, Kathleen, family and grandchildren.

Rest in Reace Alice



BIRTHDAY REMEMBRANCE In Loving Memory of EUGENE O' CONNOR

St. Brigid's Place, Portlaoise. Another Birthday away from home; 5th February 2023.



Thinking of you today as I do everyday. Happy Birthday Euge

Loved and missed by your twin sister Lucy, brothers, sisters, your children James and Zoe and your grandsons Odin and Zane xxxx

Rest in Reace Sugene



In Loving Memory of My Husband CHARLIE CLARKE

5 Abbeyleix Rd. Portlaoise. 28th Anniversary occurs 8th February 2023



Always in our thoughts Forever in our hearts

Always remembered by his loving wife Peggy and his daughter Dorothy.

May Charlie Rest in Reace





In Loving Memory of **HELEN PHELAN** née Moore

20th Anniversary occurs 7th February 2023



Time may hide a sadness, Like a smile can hide a tear, But memories will last forever, Of the sister we loved so dear.

Loved and remembered always by Pat, Catherine, Teresa, Mary and families.

Rest in Reace Helen



EUGENE (Hughie) McLOUGHLIN 63 Lakeglen, Portlaoise. Died 31st October 2022



Hughie's wife Patsy and family, would like to express their sincere thanks to all those who called to the house, sent Mass cards and condolences via RIP.ie and to those who attended Hughie's Requiem Mass either in person or via the webcam.

A special thank you to Fr. Paddy and Msgr. John Byrne and to Michelle in the Parish Centre.

To our families from both sides, near and far, and our neighbours and friends, your kindness will never be forgotten.

Thanks to our G.P., Dr. Gerald White and to Jim and Deirdre in Hughes Pharmacy. Thank you to the doctors, nurses and staff of the Regional Hospital Portlaoise and St. James' Hospital, Dublin, for the great care they gave to Hughie, especially in his final hours.

Sincere thanks to Matthew Keegan and David Goode, funeral directors, for their professionalism and compassionate manner in which they carried out and Hughie's funeral arrangements gravediggers Brendan and Adrian, for preparing his final resting place with such care.

Thanks to Aishling Rohan for her beautiful music. Thanks to Victor Novak and all who sent refreshments to the house. To Tony Brown and Tony Reddin and all those in Hughie's fellowship who took great care of us, we are eternally grateful for everything, especially the great send off at the grave. As it is impossible to thank everyone individually, please accept this acknowledgement as a token of our gratitude and sincere appreciation.

Rest in Reace Hughie



In Loving Memory of BRIAN LARKIN Snr.

Marian Avenue, Portlaoise. 3rd Anniversary occurs 7th February 2023.



No morning dawns, no night returns, but that we think of you, Those left behind are very good, but none replaces you, Many a silent tear is shed, when we are all alone.

The one we love so very much, The one we call our own.

Sadly missed by your loving wife Catherine, sons Michael, Brian (rip) and Alan, daughter Denise, daughters-in-law Samantha, and Fiona, son-in-law Thomas and all your extended family.

Rest in Reace Strian



In Loving Memory of ALICE McEVOY

Late of 80 St. Brigid's Place, 31st Anniversary, Died 5/2/1992.



Anniversary Mass will be celebrated in Sts. Peter & Paul's Parish Church this Saturday 4th February at 5pm.

A face that is always on our minds, A smile we have seen a million times, Two eyes that would light up the sky at night, one last battle you could not fight.

Sadly missed by all her loving family. Also remembering her sisters Esther and Mary at this time. May Alice Rest in Reace



In Loving Memory of PHYLLIS KEAVEY

48 Borris Road, Portlaoise. 1st Anniversary occurs 11th February 2023.



Anniversary Mass will be celebrated in Sts. Peter & Paul's Parish Church, on Saturday 11th February at 10am.

Thoughts wander as daylight fades, To the land of long ago, Memory paints the scenes of old, In the gold of the twilight glow. We seem to see in the dim light, A face we loved the best,

And think of her when the sun's rays go down, In the far off west.

Remembered always by your loving husband John, Patricia, Tom, Darran, Emma and Daniel.

Rest in Reace Rhyllis



In Loving Memory of ELIZABETH (Lizzie) FARRELL

"Chestnut Drive", Harpurs Lane, Portlaoise. 3rd Anniversary away from home occurred 4th February 2023.



Our lives go on without you,
But nothing is the same,
We have to hide our heartache,
When someone speaks your name.
Sad are the hearts that love you,
Silent are the tears that fall,
Living here without you,
Is the hardest part of all.
You did so many things for us,
Your heart was kind and true,
And when we needed someone,
We could always count on you.

The special years will not return when we are all together, But with the love in our hearts you walk with us forever.

Forever loved and missed by your loving husband Frank, sons Michael, David and Ken, daughter Regina and extended family xx

Rest in Reace Elizabeth

Missing you Gran

A little tribute true and tender, Just to show that we remember, Time may pass and fade away, But memories of you will always stay.

Loved and Missed dearly by Jennifer, Stephen, Ava, Saoirse, Leon & Jaxon xx

Rest in Reace Gran



In Loving Memory of FINT GORMAN

84 Cherrygrove, Portlaoise. 2nd Birthday in Heaven occurs 5th February.



Today is your birthday in Heaven above, My blessing I send on the wings of a dove, Not just for today, but for everyday, I think of you always with all my love.

Happy Birthday

Always loved, forever missed by your wife Ann, sons, daughters, grandchildren, great-grandchildren and Catherine and Joe.

Rest in Reace Sint



In Loving Memory of PETER ALLEN

Eyne, Portlaoise. 25th Anniversary occurs 10th February 2023.



No space of time, no lapse of years, can dim the treasured past, A loving memory keeps it dear, Affection holds it fast.

Lovingly remembered and sadly missed by Bridie and all your loving family xxx

Rest in Reace Reter



In Loving Memory of BRIGID & JOE CARROLL

4 Green Mill Lane, Portlaoise, whose 37th and 19th Anniversaries occur at this time. (February and March)

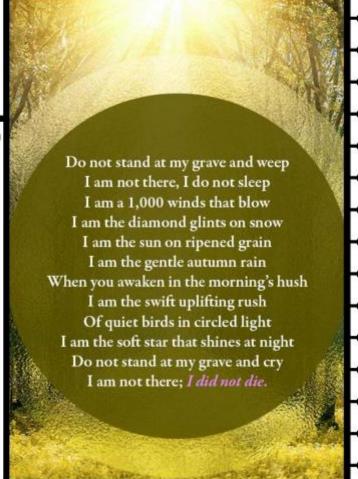


We won't forget ye, We won't even try, We just miss ye more, as time goes by.

Sadly missed by all their loving family and friends.



May Bridget & Joe Rest in Reace





Portlaoise Stone Centre

- We supply an extensive range of headstones and plaques in granite, marble and limestone, any design made to order.
- We also supply bronze eternal lamps, statues etc.
- Sandblasting cleaning carried out.
- Inscriptions added and old headstones renovated.
- Cement top and wide range of chippings available.
- We also supply and fit artificial grass.
- · We supply ceramic photos single and double.
- All grave work carried out to a high standard.

Please visit our new website www.portlaoisestone.ie



Unit 3b Clonminam Business Park, Portlaoise, Laois. Tel: (057) 8660258 | Mobile: (087) 2538930 Email: info@portlaoisestone.ie

MOCHUA PRINT DESIGN THE MEMORIAL CARD SPECIALIST

For the perfect tribute card for your loved one
— our bespoke memorial cards.
Create a collage of images illustrating
the life of your loved one with our
expert Design Team.
All our Cards are individually designed
unique keepsakes, with no hidden charges
for additional photos or images.

Unit 3, Clonminam Business Park Portlaoise, Co. Laois \$057 86 34050 www.mochuaprint.ie

† KEEGAN'S † FUNERAL DIRECTORS

50 Years of Professional Service in Portlaoise.



Contact Matthew **087-2549195**David **087-2369887**

HENRY RANKIN

We have opened a new office and show room on Abbeyleix Road, Portlaoise. (opposite the E.S.B. and Condell tractors)

Contact; 057-8620567 PAUL; 087-2562137 NIALL; 086-2770095

DES & CARMEL MORAN FUNERAL DIRECTORS

Main St., Ballyroan, Co. Laois

24 hour service and personalised attention

- 057-8731115
- Carmel 087-6144280
- Des 087-2794532
- moranundertakerslaois@gmail.com

May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face; the rains fall soft upon your fields and until we meet again, may God hold you in the palm of His hand.

Kelly's Funeral Services

Since the 1940's the Kelly family have been providing Funeral Services in the Abbeyleix area.

We offer a 24 hour personal and professional funeral service.

057-8731048 087-2535866

www.kellysfuneralservices.ie E-mail: info@kellysfuneralservices.ie Main Street Abbeyleix

Portlaoise Parish

Results for 2nd February 2023











No €15,000 Jackpot Winner

WINNERS Paul Allen

MATCH 3s €1,000

PROMOTER Paddy O'Connor Mona Lisa Crabb Anne Ging **Rocky Kehoe** Derek McGinn Paul Dooley Chris Lacey

Parish Centre

Greg Keenan

Betty McCarthy

Hilary Gray Derek McGinn Alice & Des O'Sullivan **Pauline Sythes** Maria O'Gorman Marcella O'Shea

Ann-Marie Conroy

Mona Lisa Crabb

Patrick Dwane

10 Match 35 Receive €100 Each

Play PARISH

Follow Us W @PortlaoiseParis

(O)(T)(T)(O) ONLINE

& Like Us (portlaoiseparishlaois

Next Week's Jackpot is €16,000 Join us live on Facebook every Thursday evening at 5pm for our parish lotto draw



Fifth Sunday in Ordinary Time

Isaiah 58:7-10 Psalm 111:4-9 1 Corinthians 2:1-5 Matthew 5:13-16

Support for the Parish

We have traditionally depended on the passing of the collection baskets at Sunday Masses for support. Thank you to the many who have found new ways of continuing to support the Parish during this time of Pandemic. The generosity of so many means we continue to be well supported and can pay our way at this time. Please find your way to contribute.

Ways to contribute to our Parish

Donation boxes available at Church porches and Parish Centre Direct payment by cheque or cash Cashless Point at the back of the Parish Church Donation facility on our website Standing Order forms available at the Parish Centre Or Transfer directly to our Account

Portlaoise Parish Account:

IBAN: IE53AIBK93327916658045

Portlaoise Parish Clergy Fund Account:

IBAN: IE12AIBK93327916658201 (The BIC for both accounts is AIBKIE2D)

THANK YOU

Clergy of the Parish



Msgr. John Byrne P.P.V.G. Tel: 057 8621142



Fr. Ciprian Matei C.C. Tel: 057 8600122



Fr. David Vard C.C. Tel: 057 8600121



Fr. Simon Jin Tel: 057 8661605



Deacon Eugene Keyes Tel: 057 8621142

To contact the Priest on Duty: Parish Centre during office hours Tel: 057 8621142 **Outside office hours** in emergency only Tel: 057 8621364

Safeguarding

All safeguarding statements and policies can viewed on our website and our Church Porches.

Diocesan Designated Liaison Person Kathleen Sherry safeguarding@kandle.ie



Office Hours Monday to Friday 9am-5pm Phone: 057-8621142 / 057-8660722 E-mail: info@portlaoiseparish.ie Twitter: @portlaoiseparis

MANAGER Declan Kelly Parish Secretaries Michelle Bartley

> Accounts Michelle Conroy Sacristans Parish Church Sr. Sybil and Sr. Julie

Agnieszka Kaczmarek

All Masses and services from the Parish Church and the Heath Church are live streamed www.portlaoiseparish.ie

(Sacristy phone attended prior to Mass times 057 8600119)



Secretary: Julie Conroy Monday to Thursday 11am to 1pm & 2.15pm to 5pm 057-8692154

Advertising deadline: 12 noon Wednesday Subject to availability of space E-mail: linkup@portlaoiseparish.ie

> **PARISH SHOP** 057 8621142 - Claire Scully









Our thanks to all who gave so generously of their time and talents to assist in the making of our St. Brigid's Crosses.

Prayer to Saint Brigid

Brigid, you were a woman of peace,
You brought harmony where there was conflict,
You brought light to the darkness,
You brought hope to the downcast,
May the mantle of your peace cover those who are
troubled and anxious, and may peace be firmly
rooted in our hearts and in our world.
Inspire us to act justly and to reverence all God has
made. Brigid, you were a voice for the wounded
and the weary. Strengthen what is weak within us.
Calm us into a quietness that heals and listens.
May we grow each day into greater wholeness in
mind, body and spirit. Amen

